



Sacramento Hmong New Year

Volleyball Rules & Regulations 2009

General

- 1. All teams must be in uniforms.**
- 2. Team members must be on roster to play.**
- 3. Individuals can only register for one level of play. You can not be on the roster of two different teams.**
- 4. A match shall be forfeit if all six players are not on the court after 15 mins of the scheduled game.**

THE SERVE

- (A) Server must serve from behind the restraining line (end line) until after contact.
- (B) Ball may be served underhand or overhand.
- (C) Ball must be clearly visible to opponents before serve.
- (D) Served ball may graze the net and drop to the other side for point/play.
- (E) Serve must be returned by a bump only, one hand receive is good. No setting or attacking a serve.

SCORING

- A. Rally scoring.
- B. There will be a point scored on every serve of the ball.
- C. Offense will score on a defense miss or out of bounds hit.
- D. Defense will score on an offensive miss, out of bounds hit, or serve into the net.
- E. Game will be played to 25 pts, must win by 2 pts. In the event there is a 5th game, 15 pts must win by 2 pts, cap at 21 pts.

ROTATION

- (A) Team will rotate each time they win the serve.
- (B) Players shall rotate in a clockwise manner.
- (C) There shall be 6 players on each side. A team may only have 5 players in the event of an injury, only if the roster has 6 players.
- (D) There can only be two non-Asians on the court at the same time.

PLAYING THE GAME (VOLLEY)

- (A) Maximum of three hits per side.
- (B) Player may not hit the ball twice in succession (A block is not considered a hit).
- (C) Ball may be hit off the net during a volley and on serve.
- (D) A ball touching a boundary line is good.
- (E) A legal hit is contact with the ball by any part of a player's body. Legs and feet shall count as legal hits also.
- (F) If two players contact the ball simultaneously, it is considered two hits and the players involved may not participate in the next play. Only players who did not contact the ball can play the next hit.
- (G) A player must not block or attack a serve.
- (H) Switching positions will be allowed after the serve only.

BASIC VIOLATIONS

- (A) Stepping on or over the line on a serve.
- (B) Failure to serve the ball over the net successfully.
- (C) Hitting the ball illegally (Carrying, Palming, Throwing, Double Contacts, etc.).
- (D) Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play. If the ball is driven into the net and the opposing

player interferes with the rebound of the ball then a violation will be called.

(E) Reaching over the net, except under these conditions:

1 - When executing a follow-through.

2 - When blocking a ball which is in the opponents court but is being returned (the blocker must not contact the ball until after the opponent who is attempting to return the ball makes contact). Except to block a spike, dink, or an attempted return over the net. All balls set too close, on the net, or over is fair play for both teams.

(F) Reaches under the net (if it interferes with the ball or opposing player).

(G) Failure to serve in the correct order.

(H) Blocks, spikes, or contacts a ball above the top tape of the net to send it over from a position which is clearly not behind the 10-foot line while in a back row position. (The back row setter)

(I) Interfering with, blocking, or attacking a ball while a setter is trying to set the 2nd ball is a violation.